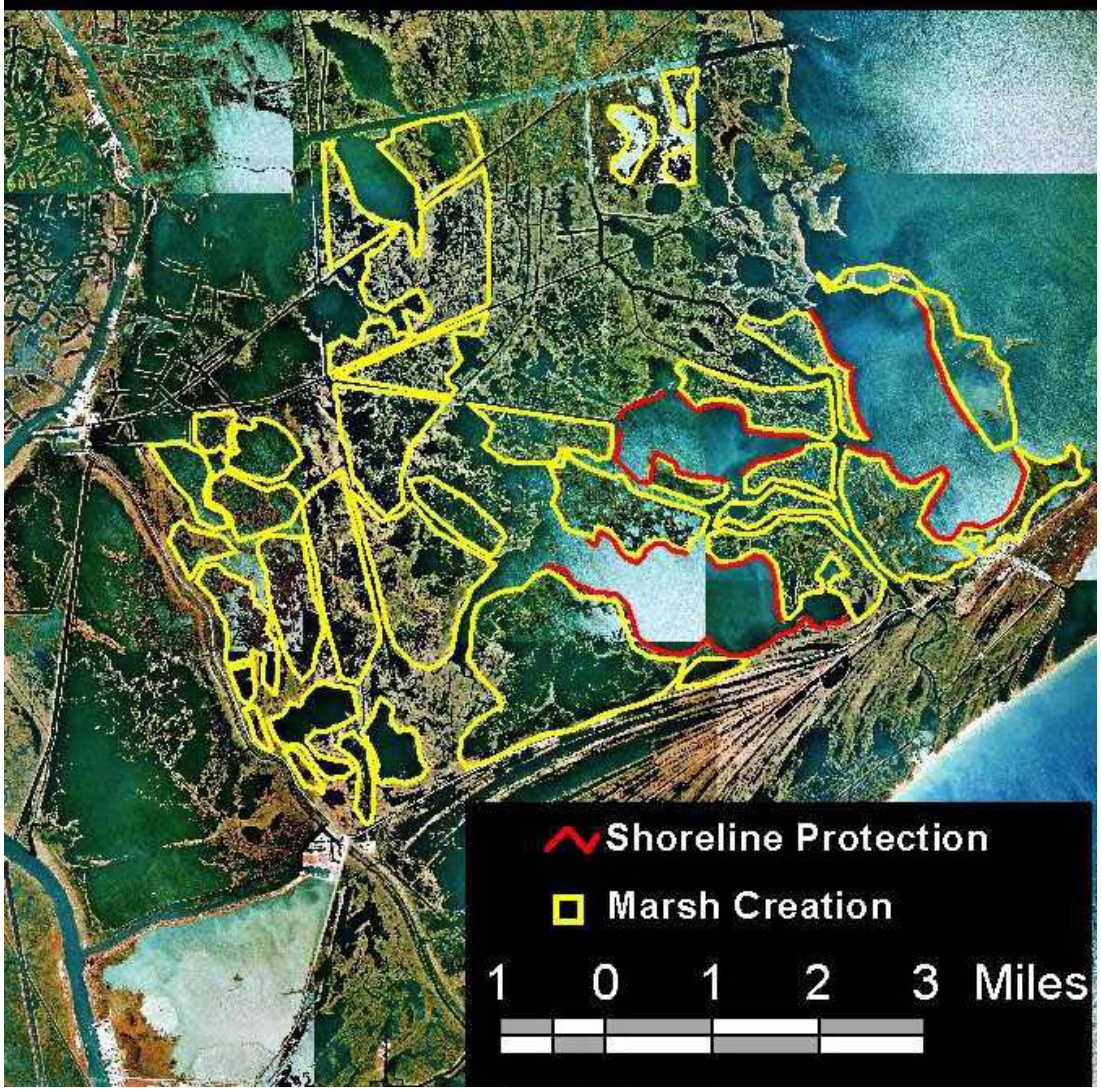Caminada Unit